

Proms Series 2019-2020 Final Positions with 6 Races completed

Pos'n	Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	TOTAL
				October 2019	November 2019	December 2019	January 2020	February 2020	March 2020	
1	Jason Kelly	Metro Aberdeen RC	M	09:31			09:14		09:27	28:12
2	Paul Knight	Metro Aberdeen RC	M			10:11	09:57	09:52	09:50	29:39
3	Michael Barker	Stonehaven	MV	09:57	09:56	09:49				29:42
4	Ruairidh Campbell	Metro Aberdeen RC	MV	10:13	09:59		09:46			29:58
5	Stephen Malloy	Unattached	M	13:21	10:14			10:04	09:58	30:16
6	Richard Horne	Metro Aberdeen RC	MSV				10:03	10:15	09:59	30:17
6	Calum Crichton	Fraserburgh RC	M	10:40	10:39	10:20	10:23	10:23		31:06
8	Mark McDonald	Jog Scotland B.O.D.	M		10:40	10:35	10:30	10:57	10:38	31:43
9	Emma Watt	Jog Scotland Kintore RC	F	10:58	10:42	10:44		10:32		31:58
10	Jennifer Harrison	AAAC	F	11:02	10:41		10:58	10:30	10:49	32:00
11	Mark Young	Metro Aberdeen RC	M	11:09	10:40	11:11			10:15	32:04
12	Jegors Slobodcikovs	Unattached	M	10:53		11:09		10:44	10:44	32:21
13	Kenny Wood	Unattached	M	10:56	10:47	10:44				32:27
14	Mark Walker	Newburgh Dunes	MV			10:56	11:18	11:02	10:43	32:41
15	Dave Cornwell	Metro Aberdeen RC	MV	10:51	10:59			11:01	10:51	32:41
16	Ryan Gordon	Stonehaven	M	11:10		10:52		10:50		32:52
17	Kevin Buchan	Metro Aberdeen RC	MV		11:17		11:02		10:40	32:59
18	Jason Osborne	Newburgh Dunes	MV	11:21	11:18	11:08		11:07	10:57	33:12
19	Glen Chalmers	Newburgh Dunes	MV	11:44	11:54		11:07	11:15	10:50	33:12
20	Craig Anderson	Metro Aberdeen RC	MV	11:19	11:10		11:32		11:21	33:50
21	Julie Hoyle	Jog Scotland Kintore RC	FV	11:26	11:28	11:24	11:16	11:12		33:52
22	Scott Paterson	Unattached	MV			11:33	11:22		11:01	33:56
23	Sophie Radcliffe	Metro Aberdeen RC	F		11:26			11:27	11:05	33:58
24	Michael Torburn	Unattached	M	11:01				11:42	11:26	34:09
25	Thomas Blair	Jog Scotland Kintore RC	M	11:28	11:09	11:41				34:18
26	Paul Anderson	Newburgh Dunes	M			12:02	11:35	11:24	11:22	34:21
27	Mark Perry	Unattached	MV	12:02	11:31				10:54	34:27
28	Bruce Alexander	Newburgh Dunes	M	11:44	11:27		11:27			34:38
29	Charlie Denham	Metro Aberdeen RC	M	11:31			11:55	11:38	11:38	34:47
30	George McPherson	Metro Aberdeen RC	M60+			12:15	11:30	11:14		34:59
31	Chris Fryer	Unattached	MSV	11:46		11:45	12:07	11:54	11:37	35:08
32	Lawrence Wattie	Metro Aberdeen RC	MV	11:55	11:43		11:37			35:15
33	Martin Shaw	Unattached	MV		11:58	11:47	11:46	11:43		35:16
34	Aimee Tawse	Jog Scotland Kintore RC	FJ			12:01		11:50	11:33	35:24
35	Keith Dunnett	Metro Aberdeen RC	MV	11:35	12:11	12:06	12:32	12:22	11:48	35:29
36	Jennifer Robertson	Peterhead AC	FV	12:14	12:05	11:59	12:08	11:57	11:43	35:39
37	Andy Redman	Metro Aberdeen RC	MSV	12:19	12:14	11:58	11:50		11:53	35:41
38	Andy Traill	Newburgh Dunes	MV	11:56	11:52	11:55	12:04	11:55	12:06	35:42
39	Stuart Gall	Unattached	MV	11:48	12:03	11:53				35:44
40	Greig Ritchie	Unattached	M	12:00	12:01	11:48		12:04		35:49
41	Murray Dewar	Metro Aberdeen RC	MV		11:59		11:57	11:54		35:50
42	Graham McDermid	Metro Aberdeen RC	MSV			11:56	12:01	11:55		35:52
43	Gillian Strachan	Fraserburgh RC	FV		12:33	12:08		11:49	11:59	35:56

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				October 2019	November 2019	December 2019	January 2020	February 2020	March 2020	
44	Callum Smith	Jog Scotland B.O.D.	M			11:57	12:18	11:51		36:06
45	Mark Cockburn	Newburgh Dunes	M	12:23	12:04		12:02			36:29
46	Susan Strachan	Peterhead AC	FV	12:25	12:17	12:20	12:11	12:14	12:12	36:37
47	Jamie Walker	Jog Scotland Kintore RC	MV		12:24	12:09	12:12		12:16	36:37
48	Chloe Sangster	Metro Aberdeen RC	F	12:26	12:47	12:23	12:11		12:09	36:43
49	Colin Larmour	Cosmic	MSV	12:28	12:20	12:07	12:30	12:31	12:17	36:44
50	Greig Cruickshank	Jog Scotland Kintore RC	MSV	12:38	12:19	12:22	12:09	12:35	12:21	36:49
51	Tony McGarva	Metro Aberdeen RC	MSV	12:34	12:25	12:20				37:19
52	Greg Bruce	Fraserburgh RC	M	12:53	13:07	12:55	12:14	12:15		37:22
53	Olivier Stanzione	Lynx Pack	MV	13:04	13:10	12:52	12:32	12:38	12:50	38:00
54	Paul Smith	Metro Aberdeen RC	MV		13:01			12:29	12:30	38:00
55	Scott Hutcheson	Unattached	M		13:28	13:02	13:02		12:00	38:04
56	Sarah Bartlett	Jog Scotland Kintore RC	F	12:44	12:49	12:38				38:11
57	Andrew Moy	Unattached	MV		13:06		12:44	12:28		38:18
58	Paul Rayner	Unattached	MSV	12:51			13:11	12:54	12:45	38:30
59	Peter Wood	Unattached	MV	13:05			13:10	12:53	12:44	38:42
60	Bruce Morrison	Hatton Jog Scotland	M				13:18	12:50	12:34	38:42
61	Carol Massie	Fraserburgh RC	FSV		13:18		13:17	12:59	12:28	38:44
62	George Keith	Newburgh Dunes	MV	13:13		12:48		12:46		38:47
63	David Coutts	Jog Scotland Westhill	MV	12:58	12:54		12:56			38:48
64	Stuart Reid	Unattached	M		13:02	12:37	13:15			38:54
65	Graham Watson	Metro Aberdeen RC	M60+	12:52	13:00				13:15	39:07
66	Ross Craig	Fleet Feet Tri	M	13:02			13:34	13:25	12:42	39:09
67	Ailsa Webster	Jog Scotland Westhill	FSV	13:15	13:12	13:11	12:55	13:17	13:08	39:14
68	Alexander Duncan	Unattached	M			12:49	13:18	13:12		39:19
69	Robin Dillaway	Unattached	MV	14:08	13:38	13:03	14:39	13:40	12:39	39:20
70	Laura Barrie	Metro Aberdeen RC	F	13:29	12:52		13:38	13:09		39:30
71	Phil Owens	Garioch RR	M60+	13:12		13:10		13:13		39:35
72	Iain Lindsay	Metro Aberdeen RC	MSV	13:05		13:42	13:08	13:25		39:38
73	Lauren Knowles	Jog Scotland Kintore RC	F	14:30		12:57	13:09		13:38	39:44
74	Caris Strachan	Newburgh Dunes	F	14:46	13:44	13:11	12:52			39:47
75	Morag Thompson	Fraserburgh RC	FV	13:23	13:26	13:27	13:08	13:27	13:17	39:48
76	Drew Cameron	Unattached	M	13:40	13:00	13:09				39:49
77	Helen Duguid	Unattached	F	13:36	13:15	13:35		13:33	13:06	39:54
78	John Colegrave	Cosmic	M60+	13:49	13:34	13:04				40:27
79	Mark Findlay	Unattached	MSV	13:28				13:46	13:19	40:33
80	Finlay Park	Unattached	M	13:32	13:24		13:47			40:43
81	Michael Kinsella	Jog Scotland Kintore RC	M	14:30		13:15			12:59	40:44
82	Paul Hewitt	Unattached	MV	13:57	14:16	13:22		14:00	13:25	40:44
83	Sarah Anderson	Unattached	FV		14:00	13:41	13:20			41:01
84	Fraser Adam	Unattached	M		13:35			14:03	13:33	41:11
85	Birgitte Stevens	Metro Aberdeen RC	FV	13:58	14:00	13:52	13:40	13:41		41:13
86	Paul Finch	Jog Scotland Hazlehead	MV		13:47	13:40		13:48		41:15

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87	Demi Beattie	Jog Scotland Kintore	F	13:59	13:37	13:42	13:59	14:17		41:18
88	Anne Sutherland	Jog Scotland Kintore RC	FV	14:16	13:52		13:49		13:49	41:30
89	Arash Saharie	Fleet Feet Tri	MSV	15:41	15:43		15:46	13:51	12:07	41:39
90	Paul Bate	Metro Aberdeen RC	MSV	13:55	13:47		13:57	14:05		41:39
91	Murray Bryce	Cosmic	M60+	14:03	14:08	14:09	14:02	13:47	13:54	41:43
92	Frank Campbell	Metro Aberdeen RC	MV	13:59	14:06	13:58	14:19	14:55		42:03
93	Martin Fairley	Unattached	M				13:56	14:07	14:04	42:07
94	Willie Skene	Unattached	M60+		14:17			14:35	13:41	42:33
95	David Abernethy	Fraserburgh RC	MSV	13:54			15:30	14:26	14:17	42:37
96	John Duff	Metro Aberdeen RC	M70+	14:11		14:02	14:24			42:37
97	Pauline Larmour	Cosmic	FSV	14:24	14:31	14:21	13:59		14:42	42:44
98	Robin White	Unattached	M	14:26	14:08	14:14	14:46		14:28	42:48
99	Richard Burnett	Unattached	M	13:47	14:28		14:37			42:52
100	Taha Abadi	Unattached	M		14:34			13:55	14:25	42:54
101	Rosemary Leiper	Metro Aberdeen RC	F60+	14:20	14:32	14:30	14:21			43:11
102	Neil MacBean	Unattached	MSV	14:41	14:21		14:21	14:32		43:14
103	Steve Clark	Metro Aberdeen RC	M60+	14:39	14:26		14:31	14:44		43:36
104	Jeanette Lowe	Jog Scotland B.O.D.	FV		14:39	14:22	14:43	15:01	14:35	43:36
105	Sheila Gauld	Jog Scotland Westhill	F60+	15:27	15:24	15:05	14:58	14:46	14:27	44:11
106	Michelle Brearley	Metro Aberdeen RC	FV	15:19		15:06	14:49	15:05		45:00
107	John Elrick	Jog Scotland Hazlehead	M60+		15:12	15:39		14:20	19:08	45:11
108	Lana Hadden	Metro Aberdeen RC	F60+	15:03	15:11	15:39	15:03			45:17
109	Ian Williamson	Lynx Pack	M60+	15:51	15:15	14:35		15:30		45:20
110	Gail Irvine	Jog Scotland Kintore	F	15:23		15:14	15:22		14:49	45:25
111	Sean Hassard	Unattached	M				15:25	16:11	13:50	45:26
112	Cynthia Fry	Unattached	FSV	15:08	15:46	15:32	15:26	15:42	15:18	45:52
113	Emma Young	Metro Aberdeen RC	F				15:49	15:09	14:59	45:57
114	Colin Taylor	Cosmic	MSV	16:03	15:54	15:31	15:31	15:46	15:29	46:31
115	Rhona Moore	Jog Scotland B.O.D.	F	15:40	15:42		15:46			47:08
116	Giancarlo Rizzi	Unattached	MSV	15:43	15:29			16:00	16:03	47:12
117	Carol Adam	Jog Scotland Newmachar	FSV	16:24	16:04		15:55	16:11		48:10
118	Les Nicol	Metro Aberdeen RC	M70+	16:18			17:03	16:46	16:14	49:18
119	Alan Fulton	AAAC	M70+		16:58	17:22	16:18	16:07		49:23
120	Russell Gray	Unattached	MSV	16:24				17:19	16:50	50:33
121	Tony Hayman	Unattached	M60+	20:45	22:13	21:26	20:51		15:34	57:10
122	Louise Whitelaw	Unattached	F	20:44	22:13	21:26	20:50			1:03:00