

Run 4 It Proms 3K**1st March 2019****Race Number 6**

Posn	No	Name	Club	Cat	Time
1	71	Cameron Strachan	Metro Aberdeen	M	08:44
2	12	Rankin Lascelles	Metro Aberdeen	M	09:26
3	284	James Kirk	Garioch RR	M	09:38
4	195	Paul Knight	Metro Aberdeen	M	09:47
5	143	Jamie Ross	Deeside	MV	10:02
6	276	Matthew Milne	Metro Aberdeen	M	10:03
7	174	Richard Horne	Metro Aberdeen	MSV	10:20
8	145	Mark McDonald	Jog Scotland B.O.D.	M	10:23
9	11	Jegors Slobodcikovs	Unattached	M	10:35
10	260	Matthew Douglas	Unattached	M	10:47
11	26	Emma Watt	Jog Scotland Kintore	F	10:56
12	23	Dennis Chalmers	Newburgh Dunes	MV	10:59
13	152	Carly McNeil	Unattached	F	11:06
14	157	Richard Roulson	Metro Aberdeen	MSV	11:10
15	43	Jason Topley	Fleet Feet Tri	MSV	11:12
16	285	Stuart Murray	Unattached	MV	11:15
17	176	Kelly Williamson	Unattached	F	11:18
18	270	Graham Henderson	Metro Aberdeen	M	11:23
19	121	Julie Hoyle	Jog Scotland Kintore RC	FV	11:24
20	274	Jill Bonthron	Metro Aberdeen	F	11:26
21	279	Kevin Buchan	Metro Aberdeen	MV	11:28
22	114	Keith Dunnett	Metro Aberdeen	MV	11:33
23	15	Rob Taylor	Metro Aberdeen	M60+	11:35
24	273	Carolyn Milne	Ambleside	FSV	11:36
25	48	Andy Trail	Newburgh Dunes	MV	11:38
26	95	James Adam	Unattached	M	11:39
27	111	Ryan Milne	Unattached	MV	11:42
28	193	Jennifer Robertson	Peterhead	FV	11:45
29	107	Arash Saharie	Fleet Feet Tri	MSV	11:45
30	209	Martin Shaw	Unattached	MV	11:47
31	263	Dena Cullen	Metro Aberdeen	F	11:51
32	75	Vince Taylor	Newburgh Dunes	MSV	11:54
33	22	Glen Chalmers	Newburgh Dunes	MV	11:54
34	289	John Goodall	Keith & District	MSV	11:56
35	282	Euan Brown	Jog Scotland Kintore RC	M	11:57
36	247	Jamie Walker	Jog Scotland Kintore RC	MV	12:00

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Posn	No	Name	Club	Cat	Time
37	10	Greig Cruickshank	Jog Scotland Kintore RC	MSV	12:17
38	162	Greg Bruce	Fraserburgh	M	12:19
39	33	Murray Dewar	Metro Aberdeen	M	12:23
40	82	Paul Rayner	Unattached	MSV	12:26
41	212	Scott Hutchison	Unattached	MSV	12:35
42	163	Christopher Goodall	Metro Aberdeen	M	12:39
43	24	Graham McDermid	Unattached	MSV	12:45
44	39	Mark Findlay	Unattached	MSV	12:50
45	151	Gail Rennie	Metro Aberdeen	FV	12:54
46	18	David Abernethy	Fraserburgh RC	MSV	12:58
47	3	Ian Lindsay	Metro Aberdeen	MSV	12:59
48	181	Paul Sykes	Unattached	M	13:02
49	134	Philip Kammer	Cosmics	M60+	13:03
50	122	Lauren Knowles	Jog Scotland Kintore RC	F	13:06
51	278	Josh McKay	Dundee Road Runners	M	13:11
52	17	Morag Thompson	Fraserburgh RC	FV	13:13
53	170	Gordon Smith	Unattached	M	13:15
54	4	Marion Lindsay	Metro Aberdeen	F60+	13:16
55	254	Paul Smith	Metro Aberdeen	MV	13:16
56	19	Tracy Morris	Jog Scotland Kintore	FV	13:17
57	275	Kevin Mackie	Metro Aberdeen	MV	13:17
58	190	Paul Finch	Jog Scotland Hazlehead	MV	13:21
59	286	Remy De-Winter	Unattached	M	13:25
60	37	Murray Bryce	Cosmics	M60+	13:28
61	211	Steve Wilson	Jog Scotland Westhill	MSV	13:38
62	123	Willie Skene	Unattached	M60+	13:43
63	13	William Skinner	AAAC	MSV	13:48
64	20	Louise Kelly	Stonehaven	FSV	13:51
65	245	Laura Barrie	Metro Aberdeen	F	13:52
66	153	Steve Clark	Unattached	M60+	13:55
67	179	Brian Paterson	Jog Scotland Hazlehead	MV	13:59
68	97	Paul Bate	UTEC	MSV	14:05
69	281	Katie Strachan	Jog Scotland Kintore RC	F	14:12
70	77	Rosemary Leiper	Metro Aberdeen	F60+	14:23
71	96	Robin White	UTEC	M	14:45
72	8	Cynthia Fry	Unattached	FSV	14:54
73	283	Caroline Furze	Unattached	F	15:01
74	45	Frank Campbell	Jog Scotland Hazlehead	MV	15:15
75	42	Lana Hadden	Metro Aberdeen	F60+	15:17

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Posn	No	Name	Club	Cat	Time
76	290	Kerry Anderson	Jog Scotland Kintore	FV	15:21
77	108	Rhona Moore	Jog Scotland	F	15:25
78	64	Colin Taylor	Cosmics	MSV	15:48
79	83	Laura Angus	Jog Scotland Airyhall	FV	16:25
80	65	Russell Gray	Unattached	MSV	16:27
81	187	John Rochford	Unattached	MSV	16:27
82	139	James Wright	HBT	M60+	16:44
83	16	Jane MaCaskill	Metro Aberdeen	F60+	18:06
84	61	Pam Thomson	Unattached	FSV	18:37
85	73	Louise Whitelock	Unattached	F	20:36
86	72	Tony Hayman	Unattached	M60+	20:37
87	277	Debbie Howden	Unattached	F	26:29
88	106	Michael Howden	Jog Scotland Kintore RC	M	26:30