

On Your Marks for the  
**11th Annual**  
**Rousay Lap Half Marathon**  
**Saturday 31 August 2019**  
Come and Run, Cycle or Walk



**FREE ENTRY - DONATION TO RNLI**

**STARTS 12:00 REGISTRATION 10:00–11:45**

To book a ferry in advance, phone 01856 751360

Tingwall to Rousay- 8:40 & 10:40

Rousay to Tingwall- last boat at 17:30

Further information and entry forms online

[www.rewdt.org](http://www.rewdt.org) or phone 01856 821 229



*From the community  
For the community*