

PORTOBELLO 4 MILE PROMATHON 1ST JANUARY 2013

PORTOBELLO PROMATHON 1st January 2019 4miles

| | | | |
|----|------------------------|-----------------------------|-------|
| 1 | Grant Sheldon (M) | Cambuslang Harriers | 18.35 |
| 2 | Andrew Douglas (M) | Inverclyde Athletic Club | 18.56 |
| 3 | Michael Crawley (M) | Corstorphine AAC | 19.11 |
| 4 | Mickey Breen (M) | Corstorphine AAC | 20.02 |
| 5 | Owen Miller (M) | Fife Athletic Club | 20.03 |
| 6 | Bryan Mackie (M40) | Edinburgh Athletics Club | 20.31 |
| 7 | Callum Reid (M) | Edinburgh AC | 20.40 |
| 8 | Robbie Kennedy (M) | Glasgow University H & H | 20.42 |
| 9 | Malcolm Lang (M40) | Lothian Running Club | 20.55 |
| 10 | Iain Macdonald (M) | Edinburgh Athletic Club | 21.03 |
| 11 | Alastair Brockie (M40) | Corstorphine AAC | 21.06 |
| 12 | Alex Luetchford (M) | Hunters Bog Trotters | 21.09 |
| 13 | Euan Webster (M) | Granite City Harriers | 21.13 |
| 14 | Jonathan Peebles (M40) | PH Racing Club | 21.31 |
| 15 | Richard Meade (M40) | Edinburgh Athletics Club | 21.39 |
| 16 | David Limmer (M) | Portobello Running Club | 21.47 |
| 17 | Daniel Monaghan (M) | PH Racing Club | 21.50 |
| 18 | John Blair (M50) | Edinburgh Athletics Club | 21.54 |
| 19 | Christopher Grant (M) | Portobello Running Club | 21.57 |
| 20 | Colin Somerville (M) | PH Racing Club | 22.09 |
| 21 | Martin Gore (M) | Lasswade Athletics Club | 22.13 |
| 22 | Donald Macrae (M40) | Portobello Running Club | 22.27 |
| 23 | Gary Trewartha (M40) | Gala Harriers | 22.27 |
| 24 | David Bull (M) | Unattached | 22.29 |
| 25 | Alan Hume (M40) | Norfolk Gazelles AC | 22.29 |
| 26 | Lauren Wilson (F) | Edinburgh Athletics Club | 22.32 |
| 27 | Iain Craven (M40) | Edinburgh Athletics Club | 22.50 |
| 28 | Robert Henry (M40) | Musselburgh and District AC | 23.55 |
| 29 | Kevin Thom (M) | Unattached | 23.15 |
| 30 | John McManus (M) | Hunters Bog Trotters | 23.20 |
| 31 | Darin Dougal (M40) | Moorfoot Runners | 23.22 |
| 32 | William Jarvie (M60) | Portobello Running Club | 23.22 |
| 33 | Jill Stephen (F) | Hunters Bog Trotters | 23.22 |
| 34 | Alison McGill (F) | PH Racing Club | 23.22 |
| 35 | Tommy Lawrence (M40) | Scottish athletics | 23.26 |

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|----|--------------------------|-----------------------------|-------|
| 36 | Liberty Thompson (F) | Fulham Running Club | 23.29 |
| 37 | Michael Fullerton (M40) | Edinburgh Athletics Club | 23.29 |
| 38 | Kristin Lownie (F) | PH Racing Club | 23.29 |
| 39 | Craig O'Donnell (M) | Dunbar Running Club | 23.33 |
| 40 | Stuart Hay (M50) | Dunbar Running Club | 23.35 |
| 41 | Jacqueline Rainger (F40) | Edinburgh Athletics Club | 23.40 |
| 42 | Iain Taylor (M50) | PH Racing Club | 23.42 |
| 43 | Craig Freshwater (M) | Hunters Bog Trotters | 23.46 |
| 44 | Mike Jones (M40) | Musselburgh and District AC | 23.48 |
| 45 | Thomas Leeman (M) | Edinburgh Athletics Club | 23.50 |
| 46 | Paul Slifer (M40) | Musselburgh and District AC | 23.50 |
| 47 | Siobhan Coleman (F) | Linlithgow Athletic Club | 23.55 |
| 48 | Craig Taylor (M40) | Portobello Running Club | 24.59 |
| 49 | Robert Watson (M50) | Musselburgh and District AC | 24.05 |
| 50 | Murdo Traill (M) | Glasgow University H & H | 24.09 |
| 51 | Alan Cameron (M40) | Corstorphine AAC | 24.09 |
| 52 | Keira Gore (F) | Lasswade Athletics Club | 24.09 |
| 53 | Andrew Latham (M50) | Edinburgh Athletics Club | 24.09 |
| 54 | Michael Hurst (M60) | Unattached | 24.09 |
| 55 | Katy Barden (F) | Gala Harriers | 24.13 |
| 56 | Doug Fraser (M40) | Musselburgh and District AC | 24.13 |
| 57 | Karen Kennedy (F40) | PH Racing Club | 24.24 |
| 58 | Malcolm Parry (M40) | Edinburgh Athletics Club | 24.24 |
| 59 | Douglas Kirkham (M50) | Runners are Smilers | 24.31 |
| 60 | Alan Gibson (M60) | Fife Athletic Club | 24.41 |

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|----|---------------------------|-------------------------------|-------|
| 61 | Christian Barlow (M) | Portobello Running Club | 24.43 |
| 62 | Mark Upward (M50) | Portobello Running Club | 24.46 |
| 63 | Nikki Gibson (F) | Edinburgh Athletics Club | 24.49 |
| 64 | Lorenzo Pacitti (M40) | Portobello Running Club | 24.53 |
| 65 | Tom Kiely (M40) | Edinburgh Athletics Club | 24.58 |
| 66 | Paul Friend (M) | Musselburgh and District AC | 24.59 |
| 67 | Keith Dunlop (M) | Edinburgh Athletic Club | 25.05 |
| 68 | Phil Humphries (M50) | Edinburgh Running Network | 25.06 |
| 69 | David Hamilton (M40) | Unattached | 25.06 |
| 70 | Jonathan Millar (M) | Carnegie Harriers | 25.11 |
| 71 | Scott Williamson (M) | Unattached | 25.14 |
| 72 | Mark Fowlestone (M50) | Portobello Running Club | 25.14 |
| 73 | Ronald Mason (M) | Musselburgh and District AC | 25.18 |
| 74 | Charles Stable (M40) | Musselburgh and District AC | 25.18 |
| 75 | Paul Blore (M50) | Portobello Running Club | 25.22 |
| 76 | Steven Blair (M40) | Kinross Road Runners | 25.25 |
| 77 | Jimmy Hudson (M60) | Unattached | 25.27 |
| 78 | Julie Menzies (F40) | BMF Dunfermline | 25.31 |
| 79 | Chris Gunstone (M60) | South Derbyshire Road Runners | 25.35 |
| 80 | Jim Scott (M60) | Edinburgh Athletics Club | 25.38 |
| 81 | Argo Paavel (M) | Anu jooksutrennid | 25.41 |
| 82 | Ian Robert Johnston (M60) | PH Racing Club | 25.44 |
| 83 | Richard Hadfield (M50) | Portobello Running Club | 25.46 |
| 84 | Steve Bedwell (M40) | Unattached | 25.48 |
| 85 | Sarah Connolly (F) | Ferranti AAC | 25.51 |
| 86 | Charlie Cameron (MU20) | Corstorphine AAC | 25.51 |
| 87 | Raymond Richford (M50) | Penicuik Harriers | 25.51 |
| 88 | Alex Ripley (M40) | Unattached | 25.54 |
| 89 | Jennifer Holden (F) | Portobello Running Club | 25.54 |
| 90 | Jim Reville (M50) | Portobello Running Club | 25.54 |
| 91 | Craig Stewart (M40) | Harmeny AC | 25.54 |
| 92 | Jason King (M40) | Unattached | 25.57 |
| 93 | Amy Kerr (F40) | Portobello Running Club | 25.57 |
| 94 | Martin Rutherford (M) | Unattached | 25.59 |
| 95 | Mark Davidson (M) | Portobello Running Club | 26.03 |
| 96 | Neil Park (M40) | Portobello Running Club | 26.03 |
| 97 | Niall Balloch (M) | PH Racing Club | 26.11 |

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| | | | |
|-----|-------------------------|-----------------------------|-------|
| 98 | Lisa Christy (F) | Corstorphine AAC | 26.14 |
| 99 | Andy Duncan (M50) | Musselburgh and District AC | 26.16 |
| 100 | George Wigzell (M) | Unattached | 26.16 |
| 101 | Aasim Chaudhry (M50) | Runners Are Smilers | 26.16 |
| 102 | Carole Setchell (F) | Cambuslang Harriers | 26.20 |
| 103 | Iain Shaw (M50) | Ferranti AAC | 26.21 |
| 104 | Calum MacDonald (M) | Ferranti AAC | 26.24 |
| 105 | Megan Smith (F) | Corstorphine AAC | 26.30 |
| 106 | Thomas Barrett (M40) | Unattached | 26.30 |
| 107 | Gerry Timoney (M50) | Unattached | 26.48 |
| 108 | Dave Grant (M50) | Unattached | 26.53 |
| 109 | David Nightingale (M60) | Gala Harriers | 26.53 |
| 110 | James Northover (M) | Unattached | 27.06 |
| 111 | Alison Wood (F) | Garscube Harriers | 27.06 |
| 112 | Grant Sellar (M50) | Ferranti AAC | 27.10 |
| 113 | Emma Laverie (F40) | Edinburgh Athletics Club | 27.12 |
| 114 | Robert Farley (M50) | Unattached | 27.19 |
| 115 | Simon Johnston (M40) | Falkirk Victoria Harriers | 27.19 |
| 116 | Sandy Wallace (M60) | Haddington Running Club | 27.26 |
| 117 | Miriam Oliver (F) | Edinburgh Athletics Club | 27.33 |
| 118 | Thomas Watson (M40) | Unattached | 27.41 |
| 119 | Jennifer Newton (F50) | Linlithgow Athletic Club | 27.43 |
| 120 | Sarah Saunders (F) | Portobello Running Club | 27.45 |

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|-----|---------------------------------|------------------------------------|--------------|
| 121 | Brian Kirkwood (M60) | Lasswade Athletics Club | 27.45 |
| 122 | Gerry Gallacher (M40) | Scottish Prison Service AAC | 27.48 |
| 123 | Julia Drewer (F40) | Ferranti AAC | 27.50 |
| 124 | Mike Malcolm-Smith (M50) | Musselburgh and District AC | 27.50 |
| 125 | Jason Buttery (M40) | PH Racing Club | 27.56 |
| 126 | Gavin Brown (M50) | Portobello Running Club | 27.56 |
| 127 | Malcolm Sutherland (M) | Unattached | 27.59 |
| 128 | Leanne Calder (F) | Edinburgh Athletics Club | 28.01 |
| 129 | Megan Hume (F) | Unattached | 28.06 |
| 130 | Michael Clarkson (M) | Unattached | 28.12 |
| 131 | Tony Segall (M50) | Musselburgh and District AC | 28.21 |
| 132 | Elaine Davies (F40) | Edinburgh Athletics Club | 28.24 |
| 133 | Angus Mclean (M40) | Portobello Running Club | 28.24 |
| 134 | Andrew Kirkhope (M50) | Unattached | 28.29 |
| 135 | Simon Castle (M40) | Unattached | 28.33 |
| 136 | Mike Howard (M50) | Musselburgh and District AC | 28.35 |
| 137 | Danielle Reid (F) | Unattached | 28.36 |
| 138 | Claire Gilchrist (F50) | Ferranti AAC | 28.36 |
| 139 | Gavin Willshaw (M) | Unattached | 28.38 |
| 140 | Marc Giambianco (M) | Unattached | 28.38 |
| 141 | Keith Colver (M50) | Unattached | 28.38 |
| 142 | Marc Cherrie (M40) | Unattached | 28.41 |
| 143 | Douglas Grierson (M50) | Musselburgh and District AC | 28.41 |
| 144 | Stuart Logan (M60) | Portobello Running Club | 28.45 |
| 145 | Eric Stevenson (M60) | Edinburgh Athletic Club | 28.45 |
| 146 | Mark Northover (M50) | Unattached | 28.47 |
| 147 | Linden Nicholson (F60) | Lasswade Athletics Club | 28.49 |
| 148 | James Fraser (M) | Musselburgh and District AC | 28.49 |
| 149 | Suzanne Beattie (F50) | Musselburgh and District AC | 29.13 |
| 150 | Fiona Watson (F) | Unattached | 29.13 |
| 151 | Karen Page (F40) | Dunbar Running Club | 29.18 |
| 152 | Cameron Miller (MU20) | Unattached | 29.19 |
| 153 | Martin Holmes (M60) | Unattached | 29.19 |
| 154 | Laura Hughes (F) | Portobello Running Club | 29.19 |
| 155 | Richard Fisher (M50) | Unattached | 29.21 |
| 156 | Andy Archer (M60) | Unattached | 29.24 |
| 157 | Aileen Ross (F50) | Portobello Running Club | 29.26 |

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| | | | |
|-----|-----------------------|-----------------------------|-------|
| 158 | Elaine Timoney (F50) | Unattached | 29.27 |
| 159 | Kirsty King (F40) | Unattached | 29.27 |
| 160 | Fiona Shepherd (F50) | Border Triathletes | 29.27 |
| 161 | Holly Shepherd (FU20) | Unattached | 29.31 |
| 162 | Ada Stewart (F50) | Kirkintilloch Olympians | 29.31 |
| 163 | Louise Munro (F40) | Musselburgh and District AC | 29.31 |
| 164 | Rachael Pollitt (F40) | Musselburgh and District AC | 29.36 |
| 165 | John Cowan (M50) | Unattached | 29.36 |
| 166 | John Underwood (M50) | Unattached | 29.39 |
| 167 | Jim Davis (M60) | Unattached | 29.45 |
| 168 | Graham Tennet (M40) | Unattached | 29.51 |
| 169 | Mary Kiely (F50) | Edinburgh Athletic Club | 29.54 |
| 170 | Geoff Pope (M50) | Unattached | 29.57 |
| 171 | Carlo Alberici (M40) | Unattached | 30.04 |
| 172 | Frances Wood (F60) | Linlithgow Athletic Club | 30.04 |
| 173 | Duncan Baker (M60) | Hunters Bog Trotters | 30.19 |
| 174 | Jim Macgregor (M60) | Moray Road Runners | 30.24 |
| 175 | Neil MacRitchie (M40) | Unattached | 30.26 |
| 176 | Alan Simpson (M60) | Portobello Running Club | 30.26 |
| 177 | Hugh Wallace (M40) | Unattached | 30.31 |
| 178 | Amy Stevenson (F) | RAS | 30.34 |
| 179 | John McGlynn (M60) | Unattached | 30.37 |
| 180 | Gordon Faulkner (M40) | Edinburgh Running Network | 30.40 |

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| | | | |
|-----|---------------------------|-------------------------------------------------|-------|
| 181 | Grahame Johnstone (M40) | Unattached | 30.40 |
| 182 | Garry Morrison (M40) | Unattached | 30.40 |
| 183 | Jennifer Kubis (F) | Unattached | 30.40 |
| 184 | Julia Loecherbach (F) | Ferranti AAC | 30.51 |
| 185 | Steve Dempsey (M60) | Unattached | 31.01 |
| 186 | Darren Miller (M40) | Portobello Running Club | 31.01 |
| 187 | Morven Ross (F40) | Unattached | 31.06 |
| 188 | Angela Leggatt (F40) | Portobello Running Club | 31.08 |
| 189 | Chris Bain (M40) | Musselburgh and District AC | 31.11 |
| 190 | Chris Laughton (M50) | Unattached | 31.20 |
| 191 | George Sherriffs (M50) | Esztergomi Fut ³ m ^Å ±vek | 31.20 |
| 192 | Colin Liddell (M50) | Unattached | 31.32 |
| 193 | Adrienne Turner (F50) | Unattached | 31.36 |
| 194 | Shirley Banks (F40) | Unattached | 31.38 |
| 195 | Shirley MacNab (F50) | Kirkintilloch Olympians | 31.38 |
| 196 | Philip Short (M50) | Unattached | 31.38 |
| 197 | Ken Robertson (M50) | Unattached | 31.43 |
| 198 | Donald Doolan (M40) | Unattached | 31.43 |
| 199 | Keith Howison (M40) | Green Lines | 31.49 |
| 200 | Ciaron Forrest (M40) | Edinburgh Running Network | 31.52 |
| 201 | Sharon Mcleay (F40) | Unattached | 31.52 |
| 202 | Ian Black (M) | Unattached | 31.52 |
| 203 | Marion Rodger (F50) | Unattached | 31.52 |
| 204 | Siobahn Sellar (F50) | Ferranti AAC | 32.00 |
| 205 | Emma Jordan (F40) | Unattached | 32.01 |
| 206 | Claire Williamson (F) | Unattached | 32.05 |
| 207 | Emily Breen (F) | Unattached | 32.05 |
| 208 | Cesar Martin-Pereda (M40) | Unattached | 32.05 |
| 209 | Carol Duffin (F) | Unattached | 32.12 |
| 210 | Jon Rough (M40) | Unattached | 32.17 |
| 211 | Sarah Whalen (F40) | Scottish Prison Service AAC | 32.17 |
| 212 | Jeremy Roebuck (M60) | Haddington Running Club | 32.24 |
| 213 | Dyane Harvey (F60) | Unattached | 32.36 |
| 214 | Joe Faraday (M) | Unattached | 32.38 |
| 215 | Anne Hay (F50) | Dunbar Running Club | 32.39 |
| 216 | Ingrid Chapman (F) | Running Mums Australia | 32.39 |
| 217 | Ian McMillan (M40) | RAS | 32.49 |

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|-----|------------------------|---------------------------|-------|
| 218 | Anne Rutherford (F60) | Portobello Running Club | 32.58 |
| 219 | Valerie Brown (F40) | Unattached | 33.00 |
| 220 | Colin Thompson (M50) | Tweed Striders | 33.02 |
| 221 | Louise Gordon (F) | Unattached | 33.02 |
| 222 | Catherine Paxton (F40) | Unattached | 33.02 |
| 223 | Liam Chapman (F40) | Unattached | 33.02 |
| 224 | Nigel Lynch (M50) | Unattached | 33.02 |
| 225 | Kelly Marcus (F40) | Portobello Running Club | 33.06 |
| 226 | Tracey Stevenson (F40) | RAS | 33.06 |
| 227 | Derek Henderson (M50) | Unattached | 33.09 |
| 228 | Eddie McAuley (M40) | Unattached | 33.24 |
| 229 | Matthew Purves (M40) | Unattached | 33.29 |
| 230 | Stephane Maurage (M40) | Edinburgh Running Network | 33.33 |
| 231 | Andy Castle (M50) | Unattached | 33.33 |
| 232 | Graham Swinton (M50) | Unattached | 33.36 |
| 233 | Kim Forbes (F60) | scottish vets | 33.36 |
| 234 | Rachel Thomas (F) | Unattached | 33.36 |
| 235 | Christina Wegelius (F) | Lothian Running Club | 33.40 |
| 236 | Matthew Gorrie (M) | Edinburgh Running Network | 33.40 |
| 237 | Val Dempsey (F60) | Unattached | 33.42 |
| 238 | Kenneth Edmond (M60) | Unattached | 33.42 |
| 239 | Elaine Turner (F40) | Unattached | 33.48 |
| 240 | Julia Keddie (F50) | Tweed Striders | 33.50 |

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|-----|-------------------------|-----------------------------|-------|
| 241 | Alex Wood (M60) | Linlithgow Athletic Club | 33.50 |
| 242 | Graeme Ingram (M40) | Unattached | 33.50 |
| 243 | Don Kennedy (M50) | Unattached | 34.07 |
| 244 | Andreas Drewer (M40) | Unattached | 34.12 |
| 245 | Verity Powell (F) | Unattached | 34.13 |
| 246 | Rachel Fraser (F50) | Musselburgh and District AC | 34.15 |
| 247 | Brenda Dougal (F40) | Galavanters | 34.21 |
| 248 | Jill Trewartha (F40) | Galavanters | 34.24 |
| 249 | Lucy McKelvie (F) | Unattached | 34.33 |
| 250 | Joanne Allen (F40) | Unattached | 34.35 |
| 251 | Patrick Dunne (M) | Unattached | 34.38 |
| 252 | Christopher Solley (M) | Portobello Running Club | 34.40 |
| 253 | Alison McDonald (F) | Ferranti AAC | 34.42 |
| 254 | Kerry Castle (F) | Unattached | 35.04 |
| 255 | Corinne Northover (F) | Unattached | 35.09 |
| 256 | John Curren (M60) | Edinburgh Running Network | 35.13 |
| 257 | Becky Grangeret (F40) | Musselburgh and District AC | 35.15 |
| 258 | Miriam Begg (F40) | Unattached | 35.20 |
| 259 | Maggie Lynch (F50) | Unattached | 35.22 |
| 260 | Carolyn Stables (F50) | Unattached | 35.22 |
| 261 | Stuart Riddell (M40) | Unattached | 35.22 |
| 262 | Suzanne Solley (F) | Unattached | 35.25 |
| 263 | Duncan Simpson (M40) | Unattached | 35.25 |
| 264 | Eleanor Mackenzie (F50) | Edinburgh Running Network | 35.25 |
| 265 | Niamh O'Connor (F40) | Edinburgh Running Network | 35.25 |
| 266 | Annette Davison (F40) | Edinburgh Running Network | 35.29 |
| 267 | Rachael Watson (F) | Unattached | 35.30 |
| 268 | Emma Davidson (F40) | Unattached | 35.30 |
| 269 | Fran Reid (F50) | Unattached | 35.30 |
| 270 | Mairi Timoney (F) | Unattached | 35.30 |
| 271 | Alan Nisbet (M50) | Unattached | 35.35 |
| 272 | Sheena Kerr (F50) | Unattached | 35.39 |
| 273 | Steven Blair (M40) | Kinross Road Runners | 35.50 |
| 274 | Margaret MacLeod (F50) | Haddington Running Club | 36.10 |
| 275 | Sarah Herd (F40) | Unattached | 36.10 |
| 276 | Morag Nicholson (F50) | Unattached | 36.15 |
| 277 | Jacqueline Varty (F40) | Unattached | 36.16 |

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| | | | |
|-----|---------------------------|-----------------------------|-------|
| 278 | Elizabeth Gilchrist (F70) | Ferranti AAC | 36.24 |
| 279 | Carys Macdonald (F40) | Unattached | 36.28 |
| 280 | Lorraine Dickson (F50) | Unattached | 36.29 |
| 281 | Bernard Harkins (M50) | Unattached | 36.37 |
| 282 | Doug Haig (M50) | Unattached | 36.40 |
| 283 | Jennifer Watt (F) | Unattached | 36.47 |
| 284 | Adele Blaikie (F) | Musselburgh and District AC | 36.59 |
| 285 | Jill McLean (F40) | Unattached | 36.59 |
| 286 | Fraser Watt (M40) | Unattached | 36.59 |
| 287 | Roberta Chester (F40) | Norham Running Club | 37.06 |
| 288 | Graham Rule (M60) | Edinburgh Frontrunners | 37.12 |
| 289 | Mags Turnbull (F60) | Lothian Running Club | 37.00 |
| 290 | Fiona McWilliam (F40) | Edinburgh running network | 37.00 |
| 291 | Eddie McDonald (M70) | Ferranti AAC | 37.26 |
| 292 | Liam McDonnell (M) | Unattached | 37.26 |
| 293 | Lauren Stewart (F) | Unattached | 37.28 |
| 294 | Lesley Armstrong (F40) | Unattached | 37.28 |
| 295 | Alex Bell (M60) | Ferranti AAC | 37.30 |
| 296 | Nadine Barbier (F50) | Unattached | 37.35 |
| 297 | Grace Faulkner (M50) | Edinburgh Running Network | 37.35 |
| 298 | Catherine Rutter (F40) | Jog Scotland | 37.43 |
| 299 | Ilona Roberts (F) | Unattached | 37.47 |
| 300 | Kit Lawson (M) | Unattached | 38.04 |

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|-----|-----------------------|-----------------------------|-------|
| 301 | Rachel Sutherland (F) | Unattached | 38.04 |
| 302 | Ian Hall (M50) | Edinburgh Athletics Club | 38.12 |
| 303 | Becca Duncan (F50) | Musselburgh and District AC | 38.19 |
| 304 | June Peebles (F40) | Meedies Running Club | 38.34 |
| 305 | Louise Ward (F50) | Unattached | 39.15 |
| 306 | Kate Colver (F50) | Unattached | 39.15 |
| 307 | Leigh Mcintyre (F) | Unattached | 39.26 |
| 308 | Jen Shepherd (F40) | Edinburgh Running Network | 39.32 |
| 309 | Gill Brownlie (F50) | run duns/tweed striders | 39.40 |
| 310 | Anne Purves (F40) | Gala Harriers | 39.48 |
| 311 | Dawn Lawson (F50) | Unattached | 40.08 |
| 312 | Fiona Whittaker (F40) | Musselburgh and District AC | 40.08 |
| 313 | Laura Robertson (F) | Tweed Striders | 40.35 |
| 314 | Judith Thompson (F40) | Tweed Striders | 40.35 |
| 315 | Graham Bennison (M70) | Unattached | 42.13 |
| 316 | Lyn Solley (F60) | Unattached | 42.15 |
| 317 | Gina Browse (F40) | Edinburgh Running Network | 42.15 |
| 318 | Karen Lochiel (F50) | Edinburgh Running Network | 42.22 |
| 319 | Nicola Slater (F40) | Unattached | 42.56 |
| 320 | Ben Slater (M40) | Unattached | 42.56 |
| 321 | Kiran Haksar (F40) | Edinburgh Running Network | 42.56 |
| 322 | Miriam Lang (F40) | Musselburgh and District AC | 44.01 |
| 323 | Jim Shaw (M80) | Ferranti AAC | 45.57 |
| 324 | Lauren Keating (F) | Unattached | 45.57 |
| 325 | Elly Keating (F50) | Unattached | 45.57 |
| 326 | Lisa Mcintyre (F) | Unattached | 45.54 |