

Pos	No	Name	Club	Cat	Time
1	321	Neil Renault	Edinburgh Athletics Club	M35-39	00:42:09
2	35	John Brogan	Falkirk Victoria Harriers	M35-39	00:42:59
3	152	Ross Harvey	Irvine Running Club	M30-34	00:43:19
4	97	Miguel Delgado	Bellahouston Harriers	M30-34	00:43:38
5	195	Jack Letson	Inverclyde Athletics Club	M35-39	00:43:56
6	278	David Murray	Kirkintilloch Olympians	M35-39	00:44:15
7	45	Iain Burns		M35-39	00:46:02
8	224	Graham McCabe	Kirkintilloch Olympians	M45-49	00:46:12
9	91	Peter Currie	Dumbarton AAC	M45-49	00:46:28
10	141	Martin Gray	Kilbarchan AAC	M40-44	00:46:50
11	190	Andrew Kirk	Kirkintilloch Olympians	M25-29	00:47:00
12	313	Marc Pollock	Kirkintilloch Olympians	M30-34	00:47:02
13	124	James Gallacher		M55-59	00:47:03
14	252	Jason McMinn	Kirkintilloch Olympians	M30-34	00:47:40
15	337	David Shaw	Dumbarton amateur athletic club	M30-34	00:47:41
16	324	Kevin Riddell	Perth Road Runners	M35-39	00:48:03
17	106	Connell Drummond	Kilmarnock Harrier & Athletic Club	M45-49	00:48:09
18	334	John Shanks	Valley Striders AC	M35-39	00:48:23
19	372	Chris Upson	Cambuslang Harriers	M55-59	00:48:26
20	270	Andrew Morgan	Airdrie Harriers	M35-39	00:48:33
21	159	Alan Heron	Bellahouston Road Runners	M35-39	00:48:45
22	234	Ross McEachern	Cumbernauld Amateur Athletics Club	M50-54	00:49:04
23	260	Gary McQueen	Garscube Harriers	M30-34	00:49:07
24	342	David Simpson		M40-44	00:49:16
25	164	Gavin Hinde	Garscube Harriers	M40-44	00:49:21
26	331	Rodger Sangster		M45-49	00:49:22
27	129	Andrew Gibson	Shettleston Harriers	M25-29	00:49:27
28	125	Mark Gallacher	Motherwell AC	M45-49	00:49:28
29	166	Craig Holmes	Unattached	M40-44	00:49:45
30	50	Thomas Callaghan	Springburn Harriers	M16-19	00:49:51
31	80	Euan Craig	Kirkintilloch Olympians	M35-39	00:49:55
32	168	Stewart Houston		M20-24	00:50:08
33	54	Kevin Campbell	Maryhill Harriers	M35-39	00:50:09

34	213 Alison Mackenzie		F30-34	00:50:10
35	255 Gavin McNally		M35-39	00:50:10
36	119 Ruth Fraser-moodie	Springburn Harriers	F40-44	00:50:31
37	134 Joseph Goldie		M40-44	00:50:37
38	362 Liberty Thompson	Fulham Running Club	F25-29	00:50:44
39	277 Owen Murphy	Kirkintilloch Olympians	M35-39	00:50:58
40	19 Brian Beattie	Airdrie Harriers	M35-39	00:51:03
41	90 Lindsey Currie	Dumbarton AAC	F45-49	00:51:10
42	43 Daniel Burns	Clydesdale Harriers	M30-34	00:51:51
43	47 David Butterly	Garscube Harriers	M40-44	00:51:53
44	309 Craig Perrie	Maryhill Harriers	M45-49	00:51:58
45	354 Martin Strachan	West End Road Runners	M35-39	00:52:32
46	225 Stuart McCandless	Run G.M.C.	M45-49	00:52:41
47	223 Mark Matheson	Bellahouston Harriers	M25-29	00:52:45
48	253 Paul McMonagle	Cumbernauld Amateur Athletics Club	M50-54	00:53:00
49	262 David Meldrum		M35-39	00:53:06
50	298 Ryan Ormiston		M16-19	00:53:14
51	382 Mark Welsford	Kirkintilloch olympians	M45-49	00:53:21
52	345 Ryan Small		M35-39	00:53:26
53	28 Ian Birch	Bellahouston Harriers	M45-49	00:53:28
54	335 Jonathan Sharp	Kirkintilloch Olympians	M35-39	00:53:33
55	25 Greg Beveridge		M35-39	00:53:34
56	66 Stephen Cole	Dumbarton AAC	M45-49	00:53:40
57	42 Jonny Burdon	Dumbarton AAC	M40-44	00:53:42
58	163 Steven Hill		M35-39	00:53:43
59	230 Pamela McCrossan	Clydesdale Harriers	F55-59	00:53:55
60	81 Stephen Craig	Garscube Harriers	M30-34	00:54:02
61	356 David Sutherland		M40-44	00:54:04
62	104 Alan Douglas	Irvine Running Club	M35-39	00:54:10
63	140 Laura Gray	Garscube Harriers	F35-39	00:54:36
64	136 Nyall Goodwin	Cumbernauld Amateur Athletics Club	M40-44	00:54:44
65	380 Colin Watson	Clydesdale Harriers	M55-59	00:54:54
66	357 Philip Sweeney	Central Athletics Club	M35-39	00:55:01
67	34 Kevin Bremner		M35-39	00:55:03

68	363 John Thow		M30-34	00:55:06
69	187 HUGH KERR		M55-59	00:55:08
70	294 David O'Hara		M45-49	00:55:11
71	320 Craig Redpath		M40-44	00:55:14
72	394 Melissa Wylie	Dumbarton AAC	F50-54	00:55:20
73	371 Andy Upsall		M35-39	00:55:22
74	275 Iain Muirhead		M45-49	00:55:24
75	11 Chris Ashe	Kirkintilloch Olympians	M30-34	00:55:31
76	276 David Murphy	Shettleston Harriers	M45-49	00:55:33
77	283 Greig Neilson		M45-49	00:55:41
78	388 Iain Wilson		M40-44	00:55:47
79	256 Stuart McNeish	Kirkintilloch Olympians	M40-44	00:55:48
80	2 Ewan Addie		M35-39	00:55:51
81	182 Ade Kearns	Garscube Harriers	M55-59	00:56:00
82	139 Deborah Gray	Bellahouston Road Runners	F45-49	00:56:03
83	137 Alan Granger	Garscube Harriers	M45-49	00:56:05
84	375 Gordon Vivers		M60-64	00:56:11
85	191 Iain Kirkwood		M30-34	00:56:13
86	116 John Fox		M45-49	00:56:14
87	192 John Lai	Garscube Harriers	M50-54	00:56:15
88	208 Brian Macfarlane		M40-44	00:56:31
89	186 Amy Kerr	Portobello Running Club	F45-49	00:56:33
90	105 Andy Downey		M45-49	00:56:34
91	322 Steven Rice		M30-34	00:56:37
92	326 Murray Robertson	Kirkintilloch Olympians	M35-39	00:56:38
93	390 Paul Wilson	Springburn Harriers	M35-39	00:56:43
94	292 Cian O'Driscoll		M35-39	00:56:49
95	361 Graham Thom	West End Road Runners	M50-54	00:56:50
96	157 John Henderson	Glasgow Southside road runners	M50-54	00:56:52
97	265 Brian Miller	Carnegie Harriers	M40-44	00:56:55
98	117 Paul Fraser		M40-44	00:57:00
99	306 Iain Paterson	Garscube Harriers	M45-49	00:57:02
100	72 Jeremy Couling	Garscube Harriers	M50-54	00:57:08
101	74 Alan Cox	Strathaven Striders	M55-59	00:57:11

102	296 Daniel O'Neill		M50-54	00:57:15
103	8 Ross Anderson		M35-39	00:57:20
104	142 Richard Gray		M45-49	00:57:22
105	123 Ian Fyfe		M60-64	00:57:26
106	350 Allan Stewart	Kilbarchan AAC	M30-34	00:57:29
107	317 Suzanne Rae	Garscube Harriers	F30-34	00:57:32
108	38 Iain Brown	Parnie Street Runners	M35-39	00:57:34
109	100 Andrew Doherty		M25-29	00:57:35
110	167 Douglas Holmes		M40-44	00:57:40
111	305 Drew Paterson		M50-54	00:57:48
112	78 Carole Craig	Springburn Harriers	F50-54	00:57:58
113	206 Ian Macdonald		M45-49	00:58:00
114	217 Roddy Macphee		M45-49	00:58:08
115	37 Craig Brown	Garscube Harriers	M45-49	00:58:09
116	156 Garry Henderson		M55-59	00:58:20
117	3 Stuart Ainslie	Run Activ	M40-44	00:58:27
118	258 kieran mcquade	Dumbarton AAC	M25-29	00:58:29
119	400 Stephen Tominey	Kirkintilloch Olympians	M50-55	00:58:32
120	366 Iain Todd	Glasgow Triathlon Club	M40-44	00:58:35
121	379 Fred Wallace	On the run cumbernauld-jogscotland	M50-54	00:58:40
122	221 Craig Marsden	Garscube Harriers	M35-39	00:58:45
123	384 Russell White		M30-34	00:58:48
124	17 Gordon Barrie	Carnegie Harriers	M45-49	00:58:55
125	369 Scott Troup		M40-44	00:58:57
126	148 D Hamilton		M50-54	00:59:00
127	295 JJ O'Hara		M45-49	00:59:06
128	73 Scott Coulter	Maryhill Harriers	M25-29	00:59:15
129	185 Brian Kenyon	Jogscotland	M45-49	00:59:18
130	240 Scott McGregor		M25-29	00:59:20
131	122 Tomoyo Fujiwara	Bellahouston Road Runners	F45-49	00:59:20
132	147 David Hamill	Garscube Harriers	M60-64	00:59:38
133	274 Richard Morton		M35-39	00:59:39
134	226 John Mccluskey	Cambuslang Harriers	M45-49	00:59:53
135	109 Gillian Edwards	Perth Road Runners	F35-39	01:00:06

136	314 James Prior	Maryhill Harriers	M40-44	01:00:28
137	27 Euan Birch		M20-24	01:00:37
138	15 Norman Baillie	Garscube Harriers	M65+	01:00:37
139	315 Stephen Purvis	Airdrie Harriers	M45-49	01:00:42
140	235 Graham Mcelwee		M40-44	01:00:43
141	248 Lauren McKinley		F20-24	01:00:50
142	59 Morag Casey	Garscube Harriers	F45-49	01:00:58
143	115 DENISE FORBES	Jog Scotland Milngavie	F50-54	01:01:07
144	169 Laura Hughes		F35-39	01:01:13
145	346 Anne Smith	Airdrie Harriers	F55-59	01:01:17
146	144 Alan Greer		M40-44	01:01:44
147	41 Graham Buchanan		M35-39	01:01:45
148	87 Brendan Culhane	Tir Conaill Harps	M30-34	01:01:51
149	85 Rosy Cristaudo		F35-39	01:01:55
150	162 Jamie Hill		M45-49	01:01:59
151	365 Andrew Todd		M40-44	01:02:02
152	288 Anne Noble	Troon Tortoises	F55-59	01:02:13
153	53 Iain Paul Campbell		M40-44	01:02:13
154	271 William Morley		M45-49	01:02:17
155	237 Iain McFARLANE	Garscube Harriers	M35-39	01:02:20
156	75 Martin Coyle		M40-44	01:02:23
157	211 David Maciver		M50-54	01:02:25
158	245 Karen Mcintyre	Be military fit	F35-39	01:02:32
159	247 Chris McKenna		M35-39	01:02:53
160	126 Shaun Gallacher		M30-34	01:02:58
161	31 Jim Boyle	Garscube Harriers	M45-49	01:03:05
162	391 Stephen Wilson	Garscube Harriers	M50-54	01:03:13
163	197 Ian Lockhart	Linlithgow Athletic Club	M55-59	01:03:18
164	76 Ashley Craig		F40-44	01:03:22
165	176 Matt Jackson		M35-39	01:03:24
166	92 Lynne Danskin		F45-49	01:03:30
167	46 Robert Burrell		M35-39	01:03:34
168	118 Wendy Fraser	BMF Glasgow	F45-49	01:03:37
169	161 Christopher Hever	Maryhill Harriers	M55-59	01:03:53

170	287	Catriona Nisbet	Maryhill Harriers	F35-39	01:03:53
171	108	Becky Edmonds		F35-39	01:04:08
172	215	Scott Mackintosh	Bellahouston Road Runners	M35-39	01:04:18
173	244	Ross MCINROY		M65+	01:04:16
174	246	Owen McIntyre	Scottish Fire & Rescue Service AC	M60-64	01:04:18
175	69	Graham Connell		M30-34	01:04:31
176	150	Stephen Harris		M45-49	01:04:36
177	381	Frances Watson		F20-24	01:04:36
178	103	Robert Doherty		M60-64	01:04:40
179	127	Daniel Gates		M40-44	01:04:50
180	267	Theresa Miln	Garscube harriers	F50-54	01:05:01
181	389	Margaret Wilson		F45-49	01:05:17
182	251	Christine Mcmenemy		F55-59	01:05:08
183	77	Austin Craig		M40-44	01:05:24
184	349	Ada Stewart	Kirkintilloch Olympians	F55-59	01:05:25
185	158	Pauline Henderson		F55-59	01:05:36
186	40	Alan Brownlie		M55-59	01:05:46
187	9	Andy Archer		M55-59	01:05:46
188	328	Peter Rudzinski	Clydesdale Harriers	M65+	01:05:50
189	207	John MacEwan	Ochil Hill Runners	M50-54	01:06:17
190	151	Simon Hartog		M55-59	01:06:22
191	10	Gillian Armour	Meridian Moovers Glasgow	F40-44	01:06:23
192	351	Colin Stewart	Bellahouston Road Runners	M45-49	01:06:28
193	113	Steven Faulkner	Kirkintilloch Olympians	M50-54	01:06:31
194	79	Christopher Craig		M45-49	01:06:46
195	89	Kathryn Cummins		F55-59	01:06:49
196	327	Murdoch Rodgers	Bellahouston Road Runners	M65+	01:06:51
197	20	Vicky Begg	Glasgow Triathlon Club	F45-49	01:06:55
198	131	Morven Glennie	Airdrie Harriers	F20-24	01:06:56
199	238	John McGlynn		M60-64	01:07:07
200	193	Douglas Lambie	Jog Scotland	M55-59	01:07:08
201	368	Sheila Traynor	Kirkintilloch Olympians	F45-49	01:07:13
202	303	Pamela Parker	Cumbernauld Amateur Athletics Club	F50-54	01:07:13
203	269	John Monaghan		M50-54	01:07:19

204	241 Amy McGuire		F35-39	01:07:32
205	280 Frances Murray		F30-34	01:07:32
206	6 Jacqui Allan	Kirkie Mile Crunchers	F50-54	01:07:35
207	145 Celia Greig		F40-44	01:07:37
208	12 James Ashe	ah running club	M60-64	01:07:58
209	355 Valerie Strachan		F50-54	01:08:03
210	219 Matthew Main		M35-39	01:08:08
211	302 Lynsey Parker	Maryhill Harriers	F40-44	01:08:11
212	130 Jim Glennie	Airdrie Harriers	M60-64	01:08:30
213	341 Alison Simpson	Livingston & District AAC	F30-34	01:08:35
214	51 Anne Campbell	Bellahouston Road Runners	F40-44	01:08:43
215	232 Lynsey Mcdonald		F35-39	01:08:45
216	172 Maria Hunter	Airdrie Harriers	F45-49	01:08:51
217	279 David Murray		M45-49	01:08:51
218	16 Wullie Baird		M55-59	01:09:12
219	181 Martin Kay	Pitreavie AAC	M40-44	01:09:14
220	180 Caitlin Johnstone		F25-29	01:09:15
221	227 Ryan McCole		M40-44	01:09:17
222	264 Stewart Merry		M55-59	01:09:33
223	95 Susan De Quadra	Springburn Harriers	F55-59	01:09:35
224	254 Shauna McMullan	Garscube Harriers	F45-49	01:09:43
225	374 Nick Vaughan	Glasgow Triathlon Club	M40-44	01:10:00
226	56 Diane Carr	Newton Road Runners	F35-39	01:10:02
227	325 Fiona Robertson		F40-44	01:10:09
228	336 Susan Sharp	Five Star Active	F40-44	01:10:10
229	204 David Lyttle	Jog Scotland	M45-49	01:10:18
230	367 nicola Todd-macnaughton		F30-34	01:10:38
231	99 Rachel Dickson		F20-24	01:10:50
232	132 Marion Glover		F40-44	01:10:51
233	263 Adrian Mellis		M45-49	01:11:02
234	143 Amy Greenlaw		F30-34	01:11:02
235	273 Jill Morton		F40-44	01:11:05
236	301 Claire Parker		F30-34	01:11:10
237	160 Caroline Hever	Maryhill Harriers	F55-59	01:11:20

238	396 Pauline Younger		F55-59	01:11:33
239	39 Joanne Brown		F30-34	01:11:50
240	214 Lesley MacKenzie		F50-54	01:12:18
241	200 Craig Lutton	Forfar Road Runners	M40-44	01:12:24
242	121 Roisin Friel		F35-39	01:12:25
243	286 Terry Nimmo	Bellahouston Road Runners	F55-59	01:12:37
244	209 Stuart Macfarlane		M65+	01:12:39
245	149 Derek Hamilton		M40-44	01:12:40
246	308 Katie Percival	Vegan Runners UK	F30-34	01:12:48
247	393 Joshua Wood		M30-34	01:12:49
248	71 Lisa Cooper		F40-44	01:12:50
249	5 Amy Aitken		F25-29	01:13:16
250	373 Hester van Wyk		F50-54	01:13:22
251	333 Lizette Seaward		F55-59	01:13:23
252	120 Pauline Friel	Jogscotland On the Run Cumbernauld	F45-49	01:13:30
253	370 Isobel Turner	Jog Scotland Airdrie	F45-49	01:13:31
254	96 Karen Deighan	Jogscotland airdrie	F50-54	01:13:32
255	291 George O'Donnell		M35-39	01:13:42
256	111 Alison Fairservice	Jog Scotland Airdrie	F35-39	01:13:50
257	177 PHILLIP JACKSON		M60-64	01:13:50
258	194 Louise Ledwidge	Jog Scotland Grangemouth	F45-49	01:14:07
259	135 stephen goldsack		M55-59	01:14:25
260	83 Alan Crawford		M45-49	01:14:39
261	236 Bill Mcfadden	Scotia Racewalking Club	M55-59	01:14:40
262	29 Marcus Black		M45-49	01:14:43
263	272 Brian Morris	Lothian Running Club	M40-44	01:14:50
264	360 Gail Tennant		F40-44	01:14:59
265	153 Simon Haslam	Mikkeller Running Club	M55-59	01:15:03
266	61 Ann Clanachan	Garscube Harriers	F65+	01:15:11
267	310 Jacqui Petrie		F55-59	01:15:16
268	198 Isobel Lockhart	Linlithgow Athletic Club	F55-59	01:15:20
269	114 Vincent Ferguson		M30-34	01:15:23
270	18 Kara Beaton		F25-29	01:15:24
271	266 Linda Miller	Giffnock North	F50-54	01:15:39

272	146 david hallard		M40-44	01:15:45
273	62 Rachel Clark		F35-39	01:15:58
274	386 Anne Williamson	Bellahouston Harriers	F55-59	01:16:20
275	128 Janine Getty		F30-34	01:17:04
276	196 Ann Lister	Glasgow Phoenix Runners	F65+	01:17:05
277	377 Maisie Walker		F20-24	01:17:18
278	378 Nadine Walker		F30-34	01:17:19
279	93 stuart danskin		M50-54	01:17:37
280	299 Noelle Orourke		F55-59	01:18:30
281	101 Garry Doherty		M30-34	01:18:30
282	359 Charlotte Telfer		F20-24	01:18:39
283	329 Alistair Rutherford		M50-54	01:19:17
284	330 Brian Rutherford		M50-54	01:19:17
285	205 Einir Macdonald	Jog Scotland Lennoxtown	F30-34	01:20:30
286	352 Kirsteen Stonier		F40-44	01:21:31
287	216 Samantha Maclachlan		F40-44	01:21:49
288	364 Susan Thurlow	Wee County Harriers	F45-49	01:21:57
289	376 Jodie Waite		F25-29	01:22:00
290	338 Allan Sheret	Falkland Trail Runners	M65+	01:22:46
291	44 David Burns		M45-49	01:22:49
292	86 Jay Cruz Semple		M35-39	01:22:50
293	293 Anne O'Hagan	Glasgow Triathlon Club	F50-54	01:22:57
294	138 Yvonne Granger	Garscube Harriers	F45-49	01:23:15
295	339 Sandra Sherwood	Kirkintilloch Olympians	F45-49	01:23:55
296	22 Sheena Bell		F60-64	01:24:12
297	173 George Inglis	Springburn Harriers	M65+	01:24:24
298	210 Margaret MacIntosh		F50-54	01:24:46
299	261 Anna Meikle		F40-44	01:25:05
300	229 Shona McCormack		F45-49	01:26:01
301	348 Lesley-Anne Sommerville		F40-44	01:26:39
302	170 Rosie Hughes	Run GMC (Royal Mail)	F55-59	01:27:21
303	63 Frances Clarke	Hamilton Harriers	F35-39	01:27:21
304	312 Jodie Pollock		F25-29	01:31:53
305	228 Gerard McConnell	Scotia Racewalking Club	M55-59	01:32:30

306	332 Jill Scott	Jogscotland	F45-49	01:33:22
307	24 Margaret Berry		F50-54	01:33:24
308	307 Susan Paton		F40-44	01:34:00
309	57 Louise Carrigan		F25-29	01:35:18
310	231 Shannon McDaid		F20-24	01:47:00