

RAVENS CRAIG PARK 2 MILE ROAD RACE TUESDAY 25TH AUGUST 2009

CONTACT:

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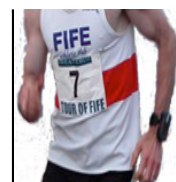
NEXT EVENT:

Show next event in this box? or link to events page?.

OTHER NEWS:

Some news that might interest other runners. Maybe a feature you could do?.

POS	TIME	NAME	CLUB	CAT
1	10:57	STEVE REID	FIFE A.C	MS
2	11:02	MARK BUCHAN	FIFE A.C	MU20
3	11:41	IAIN TAYLOR	CARNEGIE HARRIERS	MV40
4	11:56	GARY PIRIE	FIFE A.C	M35
5	11:58	ROBERT MILTON	CARNEGIE HARRIERS	MV40
6	12:33	ANDY MILNE	FIFE A.C	MV40
7	12:43	DAVID SHEPHERD	FIFE A.C	MV40
8	12:52	CALUM MCCRACKEN	FIFE A.C	MU20
9	12:56	ADAM SCOTT	FIFE A.C	MU11
10	13:02	PAUL ARNOTT	CARNEGIE HARRIERS	M35
11	13:27	JENNIFER CRUICKSHANKS	ANSTER HADDIES	FU17
12	13:36	KERRY GIBSON	FIFE A.C	FU15
13	13:56	LORNA RICE	LASSWADE A.C	FS
14	13:59	PAMELA CRUICKSHANKS	ANSTER HADDIES	FV35
15	14:03	JIM CLOSE	FIFE A.C	MV50
16	14:56	FIONA CRUICKSHANKS	ANSTER HADDIES	FU15
17	15:11	GILLIAN MCCRACKEN	CARNEGIE HARRIERS	FV35
18	16:43	AILSA CRUICKSHANKS	ANSTER HADDIES	FU13
19	17:01	ALISTAIR ROBERTSON	FIFE A.C	MV65
20	.	NO 107	DNF	.



RACE REPORT:

20 RUNNERS TURNED OUT FOR THE 2ND 2 MILE AND 6TH AND LAST RACE OF THE RAVENS CRAIG PARK 2009 SERIES. THE WEATHER HAD A SLIGHT COOL BREEZE, GETTING SLIGHTLY CHILLY BY PRIZE GIVING TIME, DRY AND SUNNY THOUGH.

IT WAS A GAME OF TWO LAPS TONIGHT, WITH BOTH MALE AND FEMALE RACES A TWO HORSE RACE.

THE 20 RUNNERS SET OFF ON THE FIRST LAP OF THE TWO LAP RACE, WITH **STEVE REID (FIFE A.C)** AND **MARK BUCHAN (FIFE A.C)** PULLING WELL CLEAR. BOTH PASSED 1M TOGETHER IN 5:17 FOLLOWED BY **IAIN TAYLOR 5:45** AND **ROBERT MILTON 5:51**. COMING OUT F THE TREES ON LAP 2 WITH 250M REMAINING **REID** HAD A 5 METER ADVANTAGE OVER **BUCHAN** PULLING SLIGHTLY AWAY OVER THE REMAINING 50 METERS TO COME HOME AND **TAKE HIS FIRST SERIES WIN IN 10:57**, WITH **BUCHAN 5 SEC ADRIFT (11:02)** IN **SECOND, 1ST**

MU20. IAIN TAYLOR (CARNEGIE HARRIERS) CAME HOME IN 3RD (11:41) TAKING 1ST MV40 PRIZE, WITH FELLOW CARNEGIE HARRIER ROBERT MILTON TAKING 2ND MV40 IN 11:58. 1ST MV50 WENT TO JIM CLOSE (FIFE A.C) 14:03, 1ST MV60 WAS ALISTAIR ROBERTSON (17:01) (FIFE A.C).

IN THE WOMENS RACE JENNIFER CRUICKSHANKS (ANSTER HADDIES) AND KERRY GIBSON (FIFE A.C) PULLED CLEAR OF LORNA RICE (LASSWADE) ON LAP 1. CRUICKSHANKS PASSING 1 MILE IN 6:28 WITH GIBSON HOT ON HER HEELS IN 6:31, RICE FOLLOWED IN 3RD WITH 6:47. ON LAP TWO COMING DOWN THE HOME STRAIGHT CRUICKSHANKS MANAGED TO INCREASE HER LEAD BY 6 SEC TO 9 SEC OVERALL TO TAKE HER FIRST SENIOR SERIES WIN IN 13:27, GIBSON FOLLOWED IN 13:36 TO TAKE 2ND AND LORNA RICE (LASSWADE) 3RD IN 13:56. 1ST FV35 WENT TO AN OTHER MEMBER OF THE CRUICKSHANKS FAMILY- MUM PAMELA IN 13:59, ROUNDING OFF A GOOD NIGHT WITH FIONA CRUICKSHANKS TAKING 2ND FU20 TO ADD TO THE FAMILY SILVERWARE.

1 MILE SPLITS

1	5:17	STEVE REID
2	5:17	MARK BUCHAN
3	5:45	IAIN TAYLOR
4	5:51	ROBERT MILTON
5	5:57	GARY PIRIE
6	6:04	ANDY MILNE
7	6:04	DAVID SHEPHERD
8	6:17	PAUL ARNOTT
9	6:24	ADAM SCOTT
10	6:24	CALUM MCCRACKEN
11	6:28	JENNIFER CRUICKSHANKS
12	6:31	KERRY GIBSON
13	6:47	LORNA RICE
14	6:48	PAMELA CRUICKSHANKS
15	6:50	JIM CLOSE
16	7:08	FIONA CRUICKSHANKS
17	7:24	GILLIAN MCCRACKEN
18	8:11	AILSA CRUICKSHANKS
19	8:23	ALISTAIR ROBERTSON



E-MAIL

Caledonia Pipers