

Race No	Forename	Surname	Club	AgeGroup	Canal	Pos
34	Kieran	Cooper		M16-19	00:27:44	1
77	Jamie	Clements	East Kilbride Athletics Club	M25-29	00:28:10	2
5	Justin	Carter	Cambuslang Harriers	M40-44	00:28:35	3
14	Michael	Healy		M35-39	00:28:45	4
48	Chris	Moses	Helensburgh AAC	M30-34	00:28:47	5
182	Elsbeth	Curran	Kilbarchan AAC	F25-29	00:28:57	6
6	Chris	Upson	Cambuslang Harriers	M50-54	00:29:06	7
40	Colin	Whitby	Irvine Running Club	M35-39	00:29:26	8
43	Alex	Allardyce	Irvine Running Club	M45-49	00:29:33	9
184	Stuart	Kerr	Kilbarchan AAC	M25-29	00:29:56	10
51	David	Simpson		M40-44	00:29:56	11
33	Richard	Cooper		M45-49	00:29:59	12
185	Euan	Crumley	Helensburgh AC	M40-44	00:30:31	13
180	Christina	Rankin		F25-29	00:30:50	14
79	Ted	gourley	Giffnock North AAC	M50-54	00:30:52	15
78	Eddie	Neilson		M40-44	00:31:07	16
60	Alex	Osborne	Westerlands Cross Country Club	M35-39	0:31:54	17
45	michael	kirwan	glasgow south road runners	M50-54	00:32:39	18
68	Craig	White	Maryhill Harriers	M25-29	00:32:47	19
80	Robert	Rogerson	Kirkintilloch Olympians	M55-59	00:33:01	20
49	Michael	Hampson	Giffnock North AAC	M50-54	00:33:26	21
41	Wayne	Barlow	Glasow South Roadrunners	M45-49	00:33:33	22
1	Andrew	Chapman	Strathaven Striders	M40-44	00:33:49	23
39	Richard	Carey	MRF	M30-34	00:33:57	24
19	James	Speakman		M45-49	00:34:17	25
16	Gary	Milne		M25-29	00:34:30	26
47	Tom	McGuinness	Glasgow Triathlon Club	M40-44	00:34:34	27
50	John	Brown	Keen Amateurs	M45-49	00:34:40	28
70	Conor	McErlean	Glasgow Triathlon Club	M35-39	00:34:48	29
64	John	Henderson	Springburn Harriers	M50-54	00:34:55	30
67	Garry	Smith		M35-39	00:34:56	31

24	Alan	Cox	Strathaven Striders	M55-59	00:34:57	32
177	Paul	McKendry	Clydesdale Harriers	M55-59	00:35:07	33
9	Christopher	Smith	Giffnock North AAC	M50-54	00:35:15	34
74	Kay	Conneff	Calderglen Harriers	F40-44	00:35:17	35
30	Suzanne	rae		F30-34	00:35:19	36
69	Ian	MacDonald		M45-49	00:35:31	37
54	Joseph	Halley		M30-34	00:35:34	38
18	Andrew	Holloway		M25-29	00:35:50	39
183	Gordon	MacKenzie	Plockton	M25-29	00:36:05	40
178	Andrew	Bickerstaff	Hamilton Harriers	M20-24	00:36:13	41
4	ROSS	BICKERSTAFF	Hamilton Harriers	M55-59	00:36:15	42
44	maria	doherty	glasgow south road runners	F50-54	00:36:15	43
8	David	Stirling	Cambuslang Harriers	M45-49	00:36:25	44
38	Sandra	Houldsworth	Kilbarchan Amateur Athletic Club	F40-44	00:35:26	45
181	Martin	Lundie		M30-34	00:36:44	46
176	Christopher	Kimble		M25-29	00:37:00	47
65	David	Ferguson	Bellahouston Road Runners	M35-39	00:37:05	48
35	Gavin	Milne		M30-34	00:37:17	49
46	Alison	MacKenzie		F30-34	00:37:20	50
66	Stewart	MacKenzie		M30-34	00:37:25	51
23	Joanne	Gemmell	Glasgow Triathlon Club	F30-34	00:37:34	52
174	Elizabeth-Ann	McGonigle		F40-44	00:37:42	53
53	Iain	Davidson	Girvan Amateur Athletic Club	M55-59	00:37:52	54
11	Christine	Mcmenemy	Airdrie Harriers	F50-54	00:38:55	55
61	Jay Cruz	Semple		M35-39	00:39:27	56
81	Chris	Paton	Bellahouston Harriers	VI Guide	00:39:27	57
13	Stuart	Macfarlane		M60-64	00:39:29	58
12	Maria	Hunter	Strathaven Striders	F45-49	00:39:32	59
171	Fiona	Grant		F35-39	00:39:51	60
76	Rebecca	MacKenzie		F25-29	00:40:44	61
75	Siobhan	Martin		F30-34	00:40:47	62
52	Brian	Keenan		M45-49	00:41:18	63
26	Amy	Ferguson		F30-34	00:41:56	65

29	Katherine	Graham		F45-49	00:42:06	66
15	Elly	McArthur		F25-29	00:42:25	67
55	Siobhan	Boyle		F40-44	00:42:44	68
27	Jillian	Cuthbert		F30-34	00:43:01	69
59	Colin	Stewart	Bellahouston Road Runners	M45-49	00:43:23	70
7	Dariusz	Ples	Calderglen Harriers	M40-44	00:43:56	71
42	Catriona	gourley	Giffnock North AAC	F50-54	00:45:42	72
36	Rod	MacLeod		M35-39	00:45:52	73
20	Rebecca	Whitener	Bellahouston Harriers	F30-34	00:46:15	74
10	John	Softley	Bellahouston Harriers	M65+	00:46:23	75
173	Allan	Munro		M40-44	00:48:26	76
3	Lorraine	Mullen	Giffnock North AAC	F40-44	00:50:55	77
2	HUGH	MCALOON	Glasgow FrontRunners	M45-49	00:57:47	78
179	Graeme	Jack	West End Road Runners	M50-54	DNF	*