

Graham	Bee	M	Inverness Harriers	167	33.11
Dean	Cunningham	M	Inverness Harriers	88	33.31
Gordon	Lennox	M	Forres Harriers	187	34.01
Donnie	MacDonald	M	Inverness Harriers	89	34.24
Kenny	Wilson	M	Moray Road Runners	67	34.27
Paul	Rogan	MV	Forres Harriers	127	34.3
Grant	Boyne	M	Glasgow Uni	195	34.58
Stan	MacKenzie	MSV	Forres Harriers	189	35.18
Stuart	MacDougall	M	Bellahouston Harriers	5	35.33
Alan	Reid	MV	Peterhead RC	206	36.14
Steve	Reeve	MV	Moray Road Runners	50	36.24
Michael	Geoghegan	M	Fraserburgh RC	171	36.32
Alasdair	Campbell	MV	Moray Road Runners	116	36.4
Jenny	Bannerman	F	Inverness Harriers	159	36.44
John	Goodall	MSV	Keith & District AAC	190	36.53
Blair	Laird	M	Moray Road Runners	52	37.02
Kevin	Ewing	MV	Keith & District AAC	165	37.03
Ray	Creswell	MSV	Aberdeen AAC	80	37.05
Ross	Nixon	MV	Inverness Harriers	188	37.11
Colin	Green	MV	Moray Road Runners	35	37.3
Timothy	Cooke	MV	Inverness Harriers	182	37.4
Dean	Kane	M	Inverness Harriers	90	37.51
Simon	Dobbs	MV	Moray Road Runners	62	37.59
John-Paul	Downey	M	Moray Road Runners	71	38.36
Graham	McFarlane	MV	Metro Aberdeen RC	128	38.49
Rab	Murray	MSV	Delgatie Dinosaurs	204	38.57
Douglas	Cowie	MSV	Forres Harriers	42	39.13
David	McCulloch	MV	Forres Harriers	134	39.35
Benjamin	Cluderay	M	U/A	210	39.38
James	Thomson	M	U/A	46	40.11
Gary	Grant	MV	U/A	131	40.34
Gregory	Lawrence	M	U/A	102	41
Simon	Garland	MV	U/A	180	41.04
Richard	Vail	M	U/A	196	41.1
Catriona	Fraser	F	Inverness Harriers	186	41.11
Fraser	Sharp	M	U/A	156	41.35
Keith	Webster	MSV	Keith & District AAC	97	41.37
Ed	Dunbar	M	Moray Road Runners	31	41.45
Kirstie	Rogan	F	Forres Harriers	76	41.53
Stephen	Fraser	MV	Nairn Road Runners	95	41.54
Caroline	Marwick	F	Inverness Harriers	149	41.56
Ian	Allan	M	U/A	114	42.15
Megan	Bee	F	Highland Hill Runners	168	42.25
Hilary	Cameron	FV	Forres Harriers	151	42.38
Hamish	Cameron	MSV	Forres Harriers	58	43.13
Willaim	Bayley	M	U/A	132	43.13
Philip	Cowie	MSV	Metro Aberdeen RC	170	43.16
Colin	MacGregor	M	U/A	185	43.24
Steven	MacDonald	M	U/A	169	43.32
Kevin	Morrice	M	Moray Road Runners	100	43.38
Robbie	Hayward	M	U/A	138	43.39
Ian	Thorburn	MV	U/A	29	43.44
Tim	Baxter	MV	Forres Harriers	123	43.45
Claire	Russell	FV	Metro Aberdeen RC	14	43.46
William	MacLennan	MV	U/A	54	43.57
Ian	Maltman	M	U/A	201	43.57

Simon	Forbes	M	U/A	86	44.04
Neil	McWilliam	MV	U/A	174	44.05
Kevin	Graham	MV	Moray Firth Triathletes	129	44.18
Dave	Mathers	MSV	Keith & District AAC	166	44.29
Iain	Lindsay	MSV	Metro Aberdeen RC	83	44.3
Alastair	Blain	MV	U/A	40	44.39
Marion	Lindsay	FSV	Metro Aberdeen RC	82	44.45
Richard	Roberts	MSV	Highland Hill Runners	79	44.54
Richard	Wilson	MSV	U/A	108	45.25
Andy	Wonnacott	MV	Forres Harriers	32	45.28
Scott	Duncan	M	U/A	157	45.35
Garry	Henderson	MSV	U/A	181	45.43
Gordon	Munro	MSV	U/A	39	45.46
Jackie	Nicol	FSV	Forres Harriers	135	46
David	Howes	MV	U/A	49	46.02
Murray	Bryce	MSV	Cosmic H/B	18	46.12
Marie	Third	F	Keith & District AAC	48	46.21
Susan	McGregor	F	U/A	176	46.37
Hugh	Marwick	MV	Inverness Harriers	150	46.48
Gordon	Main	MSV	Nairn Road Runners	183	47.02
Michelle	Slater	F	Moray Road Runners	57	47.09
Ros	Wright	FSV	Forres Harriers	142	47.18
Ian	Cran	MSV	Garrioch RR	173	47.24
John	Dean	MSV	U/A	126	47.28
Sarah	Houston	FSV	Moray Road Runners	137	47.31
Doreen	Campbell	FV	Inverness Harriers	208	47.4
Amanda	Buchan	F	Keith & District AAC	73	47.41
Elizabeth	Watson	FSV	Forres Harriers	106	47.48
Martain	Bain	M	Dufftown Jog Scotland	198	47.53
Jenny	Dickie	F	Forres Harriers	120	47.57
Nigel	Gerrard	MV	Jog Scotland	148	48.05
Will	Leitch	M	Nairn Road Runners	164	48.21
Steven	Watson	M	U/A	15	48.3
Judy	Leslie	FSV	U/A	60	48.33
Gavin	Liddell	MSV	U/A	65	48.42
Sally	Bruce	FV	Moray Road Runners	55	48.51
Clare	Nicholas	FV	Forres Harriers	141	48.57
Jeffrey	Mansfield	MSV	U/A	103	49.07
Leslie	Duncan	M	U/A	47	49.08
Neil	Buchan	M	Keith Jog Scotland	74	49.11
Kirsty	Murdoch	F	U/A	59	49.12
Joanna	Geddes	F	Jog Scotland	12	49.23
Patrick	Hardcastle	M	U/A	92	49.27
Jeff	Stewart	MV	U/A	27	49.3
Lisa	Macrae	F	Inverness Harriers	84	49.32
Lynn	Masson	F	U/A	154	49.34
Jamie	Watson	MSV	Forres Harriers	107	49.5
Jem	Wynne	FV	RAF	111	49.59
Poppy	Leask	F	U/A	25	50.11
Lucy	Currie	F	U/A	3	50.15
Robert	Bruce	MV	Moray Road Runners	44	50.24
Donald	Ross	MSV	Nairn Road Runners	207	50.27
George	Smith	M	U/A	98	50.33
John	MacGregor	MSV	Moray Road Runners	146	50.43
Kirstine	Dinnes	FV	Jog Scotland Forres	118	51.15
Lisa	Morrison	F	Keith Jog Scotland	72	51.17

Willaim	Forfar	M	Cairngorm Runners	130	51.19
Alison	Wilson	FV	Inverness Harriers	144	51.23
Rebecca	McKenzie	F	Highland Hill Runners	145	51.23
John	Vincent	MV	U/A	24	51.24
Fiona	MacKay	FSV	Inverness Harriers	70	51.32
Kevin	Hawco	MSV	U/A	1	51.36
Malcolm	Christie	MSV	Elgin AAC	205	51.36
Toks	Osunrinad	M	U/A	78	51.45
Lucy	Westley	F	U/A	22	51.47
Jon	Cox	MV	U/A	163	51.5
Debbie	Barron	FV	Jog Scotland Elgin	61	51.52
Walter	Ryder	MSV	Morpeth Harriers	56	51.54
Nadine	Williams	FSV	Forres Harriers	139	52.05
Anne	Docherty	FSV	Forres Harriers	140	52.08
John	Chree	M	U/A	147	52.08
Macey	Warys	M	U/A	119	52.13
Lee	Ross	MSV	Inverness Harriers	115	52.15
Sandra	McCruden	FV	U/A	179	52.15
Sara	Huc	FV	Muir of Ord JS	191	52.26
Sarah	Dickie	F	U/A	121	52.28
Jenny	Russell	F	Jog Scotland Elgin	87	52.31
Claire	Smith	F	Moray Road Runners	43	52.47
Sharon	Royan	FV	Jog Scotland Elgin	75	52.51
William	Merchant	MV	U/A	105	52.53
David	Ingleby	MSV	Moray Road Runners	17	53.13
Angela	Speed	F	U/A	63	53.19
Ron	Wild	MSV	Keith & District AAC	172	53.54
Ross	Fraser	M	U/A	64	54.03
Elaine	Schiavone	FSV	Forres Harriers	37	54.1
Anni	Johnstone	FSV	U/A	104	54.13
Lucy	Moseley	F	U/A	155	54.21
Maureen	Stock	FSV	U/A	177	54.25
Simon	Ludbate	MSV	U/A	209	54.27
Victoria	Sharratt	F	U/A	192	54.33
Jacqui	Stevens	FV	U/A	77	54.43
Shona	Spencer	FV	Forres Harriers	41	55.02
Norma	Breathet	FV	Nairn Road Runners	30	55.08
Gordon	Robertson	MSV	U/A	94	55.11
Marc	Ross	M	U/A	93	55.3
Nicky	Nash	FV	U/A	6	55.35
A	McWilliam	MSV	Dufftown Jog Scotland	178	55.44
Pete	Richardson	M	U/A	202	56.03
Melissa	Richardson	F	U/A	203	56.03
Kathy	Dunbar	FV	Moray Road Runners	33	56.18
Ruth	Pirie	F	Spey Runners	152	56.2
Rhona	Eatock	FV	U/A	13	56.25
Louise	Robertson	F	Jog Scotland Buckie	16	56.25
David	MacFadyen	MSV	U/A	81	56.28
Alan	Robertson	MSV	U/A	160	56.39
Lauren	Inglis	F	U/A	69	56.43
Bill	Hill	MSV	U/A	91	56.46
Lauren	Campbell	F	U/A	133	56.49
Ian	Darcy	M	U/A	109	56.5
Jen	Blackburn	F	Jog Scotland	110	56.5
Mari	Cabrelli	F	U/A	175	56.5
Elaine	Ross	F	U/A	112	57.26

Helen	Vandenhove	F	U/A	113	57.26
Zoe	Padley	FV	Spey Runners	99	58.07
Ivan	Baxter	MSV	NI Civil Service	124	58.42
John	Robertson	MV	U/A	161	59.09
Ian	Angus	MSV	U/A	199	59.48
Marion	Maclennan	FV	Nairn Road Runners	101	59.49
Margaret	Smith	FV	Nairn Road Runners	125	59.51
John	Rushforth	MSV	Nairn Road Runners	96	60.3
Neil	Duncan	MV	U/A	193	60.31
Leiane	Hall	F	U/A	4	61.19
Joanna	Fraser	FV	U/A	10	61.19
Michele	Cowie	M	Lossie Jog Scotland	117	61.29
Kirsty	Hislop	F	Lossie Jog Scotland	153	61.29
Amy	MacInnes	F	U/A	136	61.3
Fiona	Hamilton	F	U/A	66	62.11
Douglas	Hamilton	MV	U/A	68	62.11
John	Gellatly	MSV	U/A	143	62.55
Wenzel	Dunnott	MSV	Spey Runners	122	63.17
Andrew	Paterson	MV	Nairn Road Runners	194	65.03
Duncan	Lynch	MSV	Peterhead RC	162	66.38
Lucy	Bremner	F	U/A	200	67.31
Alice	Griffins	F	Inverness Leisure JS	184	67.49
Sue	Rees	FSV	U/A	197	74.26
David	Bruce	MV	Inverness Leisure JS	158	77.2
Michael	Millns	MSV	U/A	85	87.24
Catherine	Hawco	F	U/A	2	
George	Goddard	M	Inverness Harriers	7	
Mark	Goddard	MSV	U/A	8	
Pat	Goddard	FSV	Inverness Harriers	9	
John	Stuart	MV	U/A	11	
Russell	Briggs	M	U/A	19	
Jenni	Coelho	FV	Moray Road Runners	20	
Karen	Norvell	FV	Moray Road Runners	21	
Stephen	Westley	M	U/A	23	
Timothy	Kirk	MSV	Inverness Harriers	26	
Rory	MacRae	M	U/A	28	
Amanda	Strang	FV	Moray Road Runners	34	
Brindha	Muthusamy	F	U/A	36	
Helen	Low	FV	Moray Road Runners	38	
Maureen	Mackie	FV	Nairn Road Runners	45	
Jaymie	Irons	F	U/A	51	
Alison	Cameron	MV	Ross County	53	